

# The Cambridge Digital Inclusion Directory

2022 edition



# Welcome

**Would you like to increase your digital skills?**

**Are you looking to talk to friends and family online, receive help with completing online forms and paying bills, or looking for cheaper online deals?**

**This guide provides details of local groups and organisation that can help all types of learners from absolute beginners to those looking to develop their existing digital skills.**

In response to demand from local organisations and the general public, this digital service directory has been compiled in collaboration between Cambridge City Council and other local services. The directory provides information on where to access support for a variety of digital issues or how to raise greater awareness of digital issues across the City and the surrounding areas.

We hope this directory will be utilised to help refer people to appropriate sources of assistance for their digital needs and as a handy list of local digital projects and services. It can also be used to recruit volunteers or Digital Champions and to promote some of the existing collective work on digital access.



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# Adult Learn and Train, United Learning - Cambridge Cluster

A range of fee-paying courses, training programmes and leisure activities

## What we do

We offer a wide range of courses, training programmes and leisure activities in a range of venues across Cambridge. We help find the right learning for you, whether it is for work, mental stimulation, or physical wellbeing.

## Contact details

Adult Learn and Train,  
United Learning,  
Coleridge Community College,  
Radegund Road,  
Cambridge  
CB1 3RJ

Web: [www.adultlearning.education](http://www.adultlearning.education)

Email: [learnandtrain@cap.education](mailto:learnandtrain@cap.education)

Tel: 01223 712340

Facebook: [www.facebook.com/Adult-Learn-and-Train-144013239081230/](https://www.facebook.com/Adult-Learn-and-Train-144013239081230/)

## When and where we work

We work across Cambridge and South Cambridgeshire. For information on session locations and timings please visit our website.

We are located within Coleridge Community College. Our office is on the far-right hand side of the building, on the side of the school, opposite the car park.

## Facilities & Accessibility

We have refreshments and toilets at Coleridge Community College. There is an opportunity to access a quiet place if needed.

## Specialist Support

All our admin staff are mental health first aid trained.

## Type of sessions offered

- English and Maths qualifications
- Education
- Courses and training
- Job skills

## Technology

Computers and iPads available. If learners wish to bring their own device, please contact the centre first.

# The C3 Church

**Advice & support for disadvantaged groups, free internet access and use of equipment**

## What we do

We offer a weekly Wellbeing Drop-in on Wednesdays between 12-2pm. Come along for 1-1 chat, support, advice and signposting around housing, utilities, and grants.

First Wednesday of the month: Employment support (1-2pm) for those who are seeking work: info and tips on CV's, strengths, interviews. Option of 2:1 online coaching.

Last Wednesday of the month: Money Hour (1.15pm-2.15pm) A safe space to chat about budgeting, grants, bills, grants.

Kintsugi Hope Wellbeing course: Finding treasure in life's scars. A 12-week online course for building resilience, finding self-acceptance, and discovering your worth and purpose.

Community Market for those in financial crisis only – not open to those receiving state benefits.

## Contact details

The C3 Church,  
2 Brooks Road,  
Cambridge  
CB1 3HR

Web: [www.thec3.uk](http://www.thec3.uk)

Email: [hello@c3impact.co.uk](mailto:hello@c3impact.co.uk)

Tel: 01223 844415

Facebook: [www.facebook.com/thec3uk](http://www.facebook.com/thec3uk)

## When and where we work

We work across Cambridge, South Cambridgeshire, East Cambridgeshire, and Fenland. Open from 9am to 5pm from Tuesday to Friday.

## How to get to us

**Parking:** C3 centre has car park spaces on site. We are located opposite the large Sainsbury supermarket on Coldham's Lane and the Horizon Resource Centre.

**Bus:** The last bus stop on Mill Road is the nearest and is a ten-minute walk from the church.

## Facilities & Accessibility

There are toilets on site and a lift for access to the upper levels. Free Wi-Fi is available to use in the coffee shop, and a laptop is available on Fridays at our community hub. Our coffee shop is open Monday to Friday from 9am to 3pm. Guide/assistance dogs are allowed with their owner.

## Specialist Support

We work with Mind to host a Good Mood café on Mondays 10.30am to 12:30pm. Please contact the C3 office for more information.

## Technology

There are plugs in the coffee shop, which can be used for charging devices.

## Other Information

Friday Hub: We offer services to help those in need by providing a free meal through our open lunch café every Friday.

Coldhams Coffee shop is open Tuesday to Friday: 10am-3pm

## Volunteering

We are always keen to work with people who have skills and the passion to help support people in different ways, or who are looking to develop their skills and learn something new.

# Cambridge & District Citizens Advice Bureau

Free information, advice, and support for the public

## What we do

Cambridge and District Citizens Advice provides information, advice, and support to help local people overcome their problems. We help people with a wide range of issues, including benefits, debt, housing, relationships, and employment.

We are a registered charity and the service we provide is free, impartial, and confidential. We help people who live in Cambridge and South Cambridgeshire and are members of the National Citizens Advice Network.

## Contact details

District Citizens Advice Bureau,  
66 Devonshire Road,  
Cambridge  
CB1 2BL

Web: [www.cambridgecab.org.uk](http://www.cambridgecab.org.uk)

Advice Line: 0808 278 7808

Facebook: [www.facebook.com/  
CambridgeCAB](http://www.facebook.com/CambridgeCAB)

Twitter: [www.twitter.com/CambridgeCAB](http://www.twitter.com/CambridgeCAB)

## When and where we work

We work across Cambridge and South Cambridgeshire. We operate Monday to Friday 9am-5pm, offering advice over the phone and via email.

## Topics covered

- Applying for benefits
- Universal Credit
- Financial and money advice
- Saving money, using comparison sites and getting energy deals  
- budgeting appointments

# Cambridge Ethnic Community Forum

Courses, Digital access, and support for a range of ethnic groups

## What we do

CECF is an umbrella organisation for Cambridge and district that provides racial equality services to individuals and groups. We provide a range of help to people making the most of being online, including help accessing local services, completing application forms, training courses and language support.

## Contact details

Cambridge Ethnic Community Forum,  
16-18 Arbury Court,  
Cambridge  
CB4 2JQ

Web: [www.cecf.co.uk](http://www.cecf.co.uk)

Email: [CecfEnquiries@cecf.co.uk](mailto:CecfEnquiries@cecf.co.uk)

Tel: 01223 655241

Facebook: [www.facebook.com/CambridgeEthnicCommunityForum](http://www.facebook.com/CambridgeEthnicCommunityForum)

## How to get to us

**Parking:** Free parking, including disabled spaces, available next to Budgens and the City Council offices.

**Cycle:** Bike racks available outside Budgens and the library.

**Bus:** Citi 1 stops on Campkin Road at Arbury Community Centre.

## When and where we work

We work in Cambridge. We open Monday, Wednesday, and Friday from 10am to 1pm. Other times arranged by appointment.

## Type of sessions offered

One to one.

## Topics covered

- Completing application forms
- Accessing local services and events
- Applying for social housing

## Facilities & Accessibility

There are toilets on site. A quiet space is available. Tea and coffee are free for visitors. Other refreshments are available to buy from a variety of local shops. Our centre is easy to find from Campkin Road and Arbury Road. Unfortunately, we do not have a hearing loop. Guide dogs welcome.

## Specialist Support

We offer support to people who have English as a second language.

## Technology

We offer computers for use with our clients. Visitors are free to bring their own devices.

## Other information

One of our key services is the Cambridgeshire Human Rights and Equality Support Service (CHESS). This helps people who have suffered discrimination. CECF also have a refugee service.

## Volunteering

We are looking for volunteers with specialist skills. We are also interested in receiving enquiries from partners who would like to support our work or financial donations.

If you can assist in any way, please contact Eddie Stadnik at [eddie@cecf.co.uk](mailto:eddie@cecf.co.uk) or phone 01223 655241

# Cambridge Online

**Courses, advice, and signposting to services, to help people make the most of being online. We also help people with devices and connectivity, subject to availability**

## What we do

We provide a range of courses to help people make the most of being online, including searching and applying for jobs, literacy and numeracy skills, shopping online, using Facebook, contacting government and health services, leisure, and healthy living. In fact, we will try to help people learn anything they want to do online.

We help with people working out ways to afford to get or stay online or increase their access - often without increasing their current monthly bills or even reducing them. This is through advice on a range of social tariffs as well as finding the most suitable general deals for access and how to combine your data and phone costs most cost-effectively.

We specialise in helping disabled and disadvantaged people, but our services are open to all.

We can also provide some support to voluntary and community groups with advice and, for Cambridge organisations, a loan of some equipment to run their own digital inclusion activities.

## Contact details

Cambridge Online,  
Hester Adrian Centre,  
Hawthorn Way,  
Cambridge  
CB4 1AX

Web: [www.cambridgeonline.org.uk](http://www.cambridgeonline.org.uk)

Email: [help@cambridgeonline.org.uk](mailto:help@cambridgeonline.org.uk)

Tel: 01223 300407

Facebook: [www.facebook.com/cambridgeonline.uk](https://www.facebook.com/cambridgeonline.uk)

Twitter: [www.twitter.com/CambridgeOnline](https://www.twitter.com/CambridgeOnline)

## Topics covered

- General advice about digital issues
- Applying for benefits
- Bus pass help
- Job Skills
- Universal Credit
- Adaptive technology advice
- Literacy and numeracy skills
- Financial and money advice
- Health support courses and training
- Learn My Way
- Online courses
- Microsoft office
- Emailing
- Social Media
- Using the web for searches
- Safe browsing
- Managing social networks
- Projects (e.g., ancestry or cooking)  
Education, leisure, and holidays
- Local democracy, registering to vote, writing to MP, Council, and area committees
- Transport
- Digital skills

## Type of sessions offered

One to one and small group sessions.



## When and where we work

Although most of our work is Cambridge based, we also help people from all over Cambridgeshire.

Our main centre is at the Hester Adrian Centre, but we also hold outreach sessions at several locations around Cambridge and hope to open more soon.

We are open from Monday to Friday.

For further information  
telephone 01223 300407  
or email [help@cambridgeonline.org.uk](mailto:help@cambridgeonline.org.uk)

## How to get to us

Hawthorn Way is at the Elizabeth Way end of Chesterton Road at the junction with the Spar shop. Cambridge Online is signposted a short distance up Hawthorn Way on the right.

**Parking:** We have a car park including disabled spaces at our main centre. There are also cycle racks available.

**Bus:** Bus route Citi 2, getting off at De Freville Avenue outside the Spar shop.

## Facilities & Accessibility

There are toilets, including accessible ones, on site and our learning centre is wheelchair accessible. Guide/assistance dogs are welcome.

## Specialist Support

Our staff and volunteers have experience supporting people with hearing loss, autism, visual impairments, learning disabilities and mental health needs.

## Technology

We offer a wide variety of adaptive technologies, including switches, screen readers and voice recognition software.

People can bring their own portable devices if they wish. We can support most operating systems and devices.

We have 8 standard PCs including touch screen and height adjustable tables.

## What to bring with you

Any relevant documentation needed to help access a service or online application.

Your own device if you would like to learn on it or need help with it.

Glasses if you need these to read a computer screen.

## Volunteering

We are looking for general volunteers and those with specialist skills. We are also looking for partners to support our work. If you are interested, please get in touch.

# Cambridge Stroke Group

An inclusive stroke group looking to offer support to those affected by Stroke.

## What we do

- Basic technical support
- Signposting
- Loan of devices/connectivity
- Setting up online accounts
- Assisted Digital  
(support with applying for or booking services, completing other online forms)

## When and where we work

### Daytime

- Cambridge City
- South Cambridgeshire
- East Cambridgeshire

## Contact details

Shelford Rugby Club,  
The Davey Field,  
Cambridge Road,  
Shelford  
CB22 5JJ

Web: [www.cambridgestrokegroup.co.uk](http://www.cambridgestrokegroup.co.uk)

Email: [Info@cambridgestrokegroup.co.uk](mailto:Info@cambridgestrokegroup.co.uk)

## How to get to us

We are located off Cambridge Road, opposite Scotsdales.

**Parking:** Available on site

## Specialist Support

We have a separate communications group for those suffering from aphasia. We have volunteers who can offer extra support to those with learning disabilities or any effects from stroke. We ask that those members who need serious mobility support are joined by their carers.

## What to bring with you

Generally, people bring their own devices, but we have some iPad Pros for use by our members.

## Facilities & Accessibility

We are an accessible venue for those with disabilities, we offer refreshments to all members. Guide dogs are welcome.

## Additional Information

We are an inclusive stroke group looking to offer support to those affected by Stroke. We offer practical and emotional support, as well as friendship and lots of tea and cake.

# Cambridge Women's Resources Centre

Providing open access, trauma informed women's centres with a range of support services Cambridgeshire and Peterborough

## What we do

Cambridge Women's Resources Centre provides support through a range of services to women in Cambridgeshire and Peterborough. Projects offered:

**Employability:** Women can access courses, careers advice and one to one session with staff and groups.

**Street Sex Worker Project (Peterborough):** Supporting women involved in street sex work.

**Birth as a Medium 4 Change (Cambridgeshire):** Supporting pregnant women who have experienced trauma, loss or victims of crime with the help of a doula.

**Freedom Programme:** Group to support women in recognising signs and signals of abusive relationships.

**Peer Groups:** Groups where women support women in the safety of the centres. These include Hot and Bothered: Menopause peer support group and Coffee Mornings where women meet other women in the community.

Both women centres offer free internet access and a computer in our coffee rooms. We are a women's centre, so all services are available to women only. We do not allow men on the premises.

Room books are also available in both centres. See the website for bookings.

## Contact details

Cambridge Women's Resources Centre,  
13 The Courtyard,  
Sturton Street,  
Cambridge  
CB1 2SN

Web: [www.cwrc.org.uk](http://www.cwrc.org.uk)

Email: [info@cwrc.org.uk](mailto:info@cwrc.org.uk)

Tel: 01223 321148

Facebook: [www.facebook.com/CambridgeWomensResourcesCentre](http://www.facebook.com/CambridgeWomensResourcesCentre)

Twitter: [www.twitter.com/CWRCPhoenix](http://www.twitter.com/CWRCPhoenix)

## Topics covered

- Job skills
- Universal Credit
- Financial and money advice
- Courses and training (check website & social media for up-to-date timetable)
- Social media
- Safe browsing (e.g., online-banking)
- Self-management (paying bills and making appointments)
- Digital skills, development, guidance and open use computer
- Signposting to services and groups
- Birth choices drop in
- Drop in art group
- Peer group support

## When and where we work

We work in Cambridge and Peterborough.

Monday from 9:30am to 4pm

Tuesday to Thursday from 9am to 4:30pm

Friday from 9:30am to 4pm

## Type of sessions offered

One to one and group sessions.

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## How to get to us

**Bus:** The following transport lines have routes that pass near Sturton Street  
**11, 13, 3, A, X11**

The nearest bus stations to Sturton Street:

- Elizabeth Way, Cambridge is 225 meters away, 3 min walk.
- Mortimer Road, Cambridge is 817 meters away, 11 min walk.

**Train:** We are approximately 10 minutes' walk from Cambridge Train station Main.

**Parking:** There is limited car parking. We have a disabled space available. If you are driving the best way is to come from Sturton Street to the end up on the right side of the barriers splitting the road.

## Facilities & Accessibility

There are toilets onsite which are disability accessible. We have a coffee room with open access computers on the ground floor.

## Specialist Support

Currently we don't have any translators accessible to the service. Our staff are trained to work with a wide range of learning and mental health needs.

## Technology

We have one free to use computer in our coffee room where women can pay bills, make appointments, access the internet or do comparison checks for bills etc. For group sessions we use laptops.

## What to bring with you

This would depend on the course. We will advise prior to an appointment or at drop in.

## Volunteering

We are looking for general volunteers and those with specialist skills. We are also looking for equipment and financial donations. If interested, please contact us.

# Cambridgeshire County Council

## Digital access for public use in several locations across Cambridge

### What we do

We provide access and facilities for the public to use the internet, learn new digital skills, scan, print and download e-books.

Cambridge Central and City library volunteer online demonstrators and computer buddies are available to offer free assistance with online government forms, such as bus pass applications and help with downloading the library's e-offer and using the free library app.

Volunteers can provide general assistance with using tablets and PCs, including internet searching, using emails and other basic operational functions. Volunteers either use the library PC or iPad, or the customer can bring in the own device. We do not offer technical assistance or help with hardware problems.

### Contact details

Cambridgeshire Libraries,  
Unit 7 Oak Court,  
Lakes Business Park,  
Willow Road,  
Fenstanton  
PE28 9RB

Web: [www.cambridgeshire.gov.uk/library](http://www.cambridgeshire.gov.uk/library)

Email: [your.library@cambridgeshire.gov.uk](mailto:your.library@cambridgeshire.gov.uk)

Tel: 0345 045 5225

Facebook: [www.facebook.com/CambridgeshireLibraries](http://www.facebook.com/CambridgeshireLibraries)

Facebook Families: [@CambslibFamilies](https://www.facebook.com/CambslibFamilies)

Twitter: [www.twitter.com/cambslib](https://www.twitter.com/cambslib)

Instagram: [@cambslib](https://www.instagram.com/cambslib)

Youtube: [Cambridgeshire Libraries](https://www.youtube.com/CambridgeshireLibraries)

### Topics covered

- General advice about digital issues
- Bus pass help
- Coding and programming
- Health support
- Learn My Way
- Microsoft Office
- Emailing
- Using the web for searches
- Safe browsing
- Accessing local services and events
- Help with customer enquiries, general to specific information e.g., local information, statistics, government publication, business, maps, council services
- Guide customers to health information sources online
- Free access to online resources 24/7, accessible using your library card and PIN. Our resources include online dictionaries, encyclopaedias, biographies, access to research, e-magazines, e-books, e-newspapers

### When and where we work

We work across Cambridgeshire. We are open Monday to Saturday.

**Central Library, Cambridge:** This is a drop-in service, but appointments are also available. Appointments usually last one hour and there is a maximum of three sessions available per volunteer/customer. Please note these times are subject to change. Check with the library staff for more information.

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The Information Team, comprised of library staff, is available at Cambridge Central Library daily (subject to availability) for drop-in only digital enquiries and to offer digital assistance as outlined above.

### Type of sessions offered

One to one.

### City branch libraries

**ARBURY:** 1 Saturday morning per month.

**BARNWELL ROAD:** Thursday afternoons 3pm onwards.

**CHERRY HINTON:** Wednesdays 10:30am to 1:30pm, mostly appointments

**MILTON ROAD:** Every other Wednesday 10am to 12pm

**ROCK ROAD:** 2nd and 4th Fridays of each month 4:15 to 5pm

### How to get to us

#### Arbury Court Library

Arbury Court, Cambridge CB4 2JQ

#### Opening times

- Monday 3pm - 6pm
- Tuesday 9am - 5pm
- Wednesday Closed
- Thursday 9am - 1pm
- Friday 9am - 5pm
- Saturday 10am - 2pm
- Sunday Closed

**Computers:** Free for library members & no charge for internet, email, and MS Office use.

**Free Wi-Fi:** You do not need to have a library card to use this service.

**Printer:** A4 black and white, and colour. A scanner and photocopier are available. Printing from personal laptops is not possible.

**Parking:** Nearest is at Budgens store. From Arbury Road enter Mansell Way, then 1st left.

**Bus:** Citi 1 and Citi 2 stop close to the site.

#### Barnwell Road Library

Barnwell Road, Cambridge CB5 8RG

#### Opening times

- Monday Closed
- Tuesday 10am - 5pm
- Wednesday 10am - 5pm
- Thursday 2pm - 5pm
- Friday 2pm - 5pm
- Saturday 10am - 1pm
- Sunday Closed

**Computers:** Available to library members & free of charge for internet, email, and MS Office use.

**Free Wi-Fi:** You do not need to have a library card to use this service.

**Printer:** A4 black and white, and colour. A scanner and photocopier are available. Personal laptop printing is not possible.

**Parking:** Shared with local shops.

**Bus:** Citi 3 stops near the site.

#### Cambridge Central Library

7 Lion Yard, Cambridge CB2 3QD

#### Opening times

- Monday 9:30am - 6pm
- Tuesday 9:30am - 6pm
- Wednesday 9:30am - 7pm
- Thursday 9:30am - 6pm
- Friday 9:30am - 6pm
- Saturday 10am - 6pm
- Sunday noon - 4pm

**Computers:** Available to library members & free of charge for internet, email, and MS Office use. Usually limited to 1 hour per day.

**Free Wi-Fi:** You do not need to have a library card to use this service. Scanner, photocopier, & printer are available. But personal laptop printing is not possible.

**Park and Ride:** 2

**Parking:** Nearest is the multi-storey public car park in Grand Arcade.

**Bus:** Bus station in Drummer Street is a short walk away. Emmanuel Street 400m

**Train:** Railway station is one mile away.

### Clay Farm Library

Hobson Square, Trumpington,  
Cambridge CB2 9FN

#### Opening times

- Monday 9:30am - 12pm
- Tuesday 9:30am - 5pm
- Wednesday 9:30am - 3pm
- Thursday 9:30am - 7pm
- Friday Closed
- Saturday 9:30am - 1pm
- Sunday Closed

In addition, the library operates on a self-service basis during Clay Farm Centre opening hours.

**Computers:** Available to library members & free of charge for internet, email, and MS Office use.

**Free Wi-Fi:** You do not need a library card to use this service. Scanner, printer, and photocopier available.

**Toilet:** Changing places facility.

**Café:** Monday to Friday, 9:30am - 4:30pm.  
Saturday 9:30am - 12:30pm.

**Parking:** Very limited around Hobson Square and Clay Farm Centre. The staff car park has 5 disabled spaces for centre users.

**Bus:** Service 25 & Guided Busway stop nearby.

### Cherry Hinton Library

High Street, Cherry Hinton, Cambridge CB1 9HZ

#### Opening times

- Monday 3pm - 6pm
- Tuesday Closed
- Wednesday 9am - 5pm
- Thursday 9am - 1pm
- Friday 9am - 5pm
- Saturday 10am - 2pm
- Sunday Closed

**Computers:** Available to library members & free of charge for internet, email, and MS Office use.

**Free Wi-Fi:** You do not need to have a library card to use this service. Scanner, photocopier, and printer are available. However, printing from personal laptops is not possible.

**Toilet:** Newly refurbished toilets to the right-hand side of the entrance of the recreation ground, with disability access. There is a 20p charge.

**Parking:** There is a public car park in Colville Road opposite Colville School about 75m away.

**Bus:** There is a bus stop 100m away. Citi 1 and Citi 3 stop every 10 minutes. Citi 1 300m away near the Westbrook Centre on Milton Road. Citi 2 150m near De Freville Avenue on Chesterton Road. Stagecoach 9 stops nearby on Milton Road.

### Milton Road Library

Ascham Road, Cambridge CB4 2BD

#### Opening times

- Monday 9am - 5pm
- Tuesday Closed
- Wednesday 9am - 5pm
- Thursday 3pm - 6pm
- Friday 3pm - 6pm
- Saturday 10am - 3pm
- Sunday Closed

**Computers:** Available to library members & free of charge for internet, email & Office use.

**Free Wi-Fi:** You do not need to have a library card to use this service. Scanner, photocopier, and printer are available. But, personal laptop printing is not possible.

**Toilet:** Disabled access available.

**Parking:** Street parking available after 3pm. Limited pay and display parking spaces, one disabled parking bay and some one hour only bays (9am to 3pm) on Ascham Road in front of the library.

**Bus:** Citi 1, 300m near Westbrook Centre on Milton Road. Citi 2, 150m near De Freville Avenue on Chesterton Road. Stagecoach 9 stops outside on Milton Road.

### Rock Road Library

69 Rock Road, Cambridge CB1 7UG

#### Opening times

- Monday 9am - 1pm
- Tuesday 9am - 5pm
- Wednesday Closed
- Thursday 9am - 5pm
- Friday 3pm - 6pm
- Saturday 10am - 2pm
- Sunday Closed

*continued>*

**Computers:** Available to library members & free of charge for internet, email, and MS Office use.

**Free Wi-Fi:** You do not need to have a library card to use this service. Scanner, printer, and photocopier are available.

**Toilets:** Disabled access on site.

**Parking:** One disabled space outside the front of the building.

**Bus:** Citi 1 and 3 stop nearby.

## Facilities & Accessibility

Membership is free.

To join, complete the online form via <https://cambridgeshire.spydus.co.uk/cgi-bin/spydus.exe/MSGTRN/WPAC/JOIN>

Your membership number will be emailed to you – if you would like full membership and/or a physical card you can visit any library with proof of identity and address.

## Other Information

We have several meeting rooms for hire.

Cambridge Central Library: Conference room, meeting rooms, exhibition and foyer space.

Cherry Hinton Library: Newly refurbished meeting space equipped with projector and screen.

Rock Road Library: Newly refurbished meeting room, equipped with projector, screen and kitchen.

Milton Road Library: Meeting rooms, with smart tv screens and access to a fully equipped kitchen.

## Volunteering

We are looking for general volunteers to become computer buddies.

If you are interested, please apply to your local library.



# Cambridgeshire Digital Partnership

Cambridgeshire Digital Partnership (CDP) are a network set up to improve digital inclusion across Cambridgeshire

## What we do

The network shares information, promotes good practice and working relationships between service provider organisations and individuals from the voluntary, community and statutory sectors, who work to alleviate digital exclusion issues across Cambridgeshire.

They also promote and develop funding opportunities and partnerships for digital inclusion services. We host online networking events to bring people together, share learning and form partnerships.

## Contact details

16 - 18 Arbury Court,  
Cambridge  
CB4 2JQ

Web: [www.cambridgeshiredigitalpartnership.org.uk](http://www.cambridgeshiredigitalpartnership.org.uk)

Email: [hello@cambridgeshirepartnership.org.uk](mailto:hello@cambridgeshirepartnership.org.uk)

Phone: 07564 713111

Social Media: [@CambsDigi](https://www.instagram.com/CambsDigi)

## Where we work

- Cambridge City
- South Cambridgeshire
- East Cambridgeshire
- Huntingdonshire
- Fenland
- Peterborough

## Services offered

- Signposting (Cambridgeshire Digital Partnership (CDP) are a network set up to improve digital inclusion across Cambridgeshire.)

## Accessibility & Communication

We ensure that events and our website remain accessible.

## Help needed

We would like to ensure groups are aware that they can join the network to share their projects and learn from others.

## Additional Information

If you want to connect with others, get in touch.

# Cambridgeshire Skills

Cambridgeshire Skills enables people to develop their skills, supporting progression in or into work and education, and enabling participation in society

## What we do

We offer a range of Community Learning and Accredited courses in a variety of learning options. These include Face to Face, Online Livestream and Online Roll on Roll off.

## Contact details

Cambridgeshire Skills,  
34 Station Rd, March  
PE15 8LE

Web: <https://www.cambsals.co.uk/>

Email: [cambsals@cambridgeshire.gov.uk](mailto:cambsals@cambridgeshire.gov.uk)

Tel: 01353 613013

Facebook: [@CambridgeshireSkills](https://www.facebook.com/CambridgeshireSkills)

Twitter: [@CambsSkills](https://twitter.com/CambsSkills)

## When and where we work

Monday to Friday 8:45am - 5pm

- Cambridge City
- South Cambridgeshire
- East Cambridgeshire
- Huntingdonshire
- Fenland

Our service is Cambridgeshire County wide.

## Type of session

Adult Learning Courses with a traditional classroom set up.

## Facilities & Accessibility

Each venue where we deliver courses has toilet facilities - we conduct a venue risk assessment for each of our locations.

## What to bring with you

Identification.

## Services offered

- Digital Health and Wellbeing
- Digital Skills
- Online Safety
- Online Courses (e.g., LearnMyWay)
- Online Courses working towards a qualification (e.g., Level 2 NVQ, ECDL, etc.)
- Signposting, Loan of devices/connectivity

## Communication

We offer ESOL courses, BSL support and our staff and volunteers are trained.

## Technology services

Contact our Admissions Team for further information on our adaptive technologies on 01353 613013.

## Other Information

We offer Adult Learning to persons aged 19+, if you earn under £20,000, have been a resident of the EEA for at least 3 years and have a Cambridgeshire Postcode our courses may be fully funded to you.

## Volunteers and help needed

Cambridgeshire Skills want to work collaboratively with orgs, employers and businesses

## Additional Information

Contact us on 01353 613013 to find out what we offer as a service.

# CamCare UK

CamCare UK is a nonprofit Govt registered Charity which works for its local needs in Cambridgeshire

## What we do

STEM outreach courses on Robotics and Electronics, training to senior citizens for digital technologies

## Contact details

54 Bisley Crescent,  
Upper Cambourne,  
Cambridge CB23 6JA

Web: <https://camcare.org.uk/>

Email: [camcare.uk@gmail.com](mailto:camcare.uk@gmail.com)

Tel: 07852753216

Facebook: <https://www.facebook.com/CamCareUK>

## When and where we work

Online throughout the year, Face to face on Sunday afternoons and on request.

- Cambridge City
- South Cambridgeshire
- East Cambridgeshire
- Huntingdonshire

## Services offered

- Digital Health and Wellbeing
- Digital Skills
- Online Courses (e.g., LearnMyWay)
- Coding & Programming
- Basic technical support

## Type of session

Virtual, one to one, and in groups.

## Location

Blue Space in Cambourne

## What to bring with you

Laptop.

## Other Information

Mentored by STEM professional with more than 30 years of experience.

## Volunteers and help needed

Animation, creating flyers.

## Additional Information

We have reached more than 4500 students globally.

# Cam Sight

## Training, advice, and support for people with low vision and blindness

### What we do

Cam Sight has centres in Cambridge and Wisbech plus a Mobile Unit service. Training, advice, and support for the use of technology is available.

### Contact details

Cam Sight (Cambridge),  
167 Green End Road,  
Chesterton CB4 1RW

Tel: 01223 420033 (Cambridge)

Cam Sight (Wisbech),  
14 Chapel Road,  
Wisbech PE13 1RF

Tel: 01945 660795 (Wisbech)

Web: [www.camsight.org.uk](http://www.camsight.org.uk)

Email: [info@camsight.org.uk](mailto:info@camsight.org.uk)

Twitter: [www.twitter.com/camsight](https://www.twitter.com/camsight)

Facebook: [www.facebook.com/camsight.org.uk](https://www.facebook.com/camsight.org.uk)

### Our services

#### Low Vision Equipment Centres

Chesterton: Telephone to check opening hours

Wisbech: Telephone to check opening hours

Cam Sight's Low Vision Equipment Centres in Cambridge and Wisbech stock a wide range of demonstration equipment. Our trained staff are on hand to show you what is available and how to use it.

We can advise on the most useful equipment and provide support with the purchase. We can also provide information and knowledge on specific items and research upon request.

### Technology Service (Cambridge)

The Technology Service supports people with low vision and blindness to use computers & a range of technologies with magnification,

speech and voice recognition.

For information or to book a training session:  
Contact Jerry Gilbert, Tel: 01223 420033  
Email: [jerry@camsight.org.uk](mailto:jerry@camsight.org.uk)

### Other Services

Cam Sight supports people of all ages with low vision and blindness to live the lives they choose. Beyond supporting digital inclusion, we run peer support groups for all ages, emotional support, practical advice and assistance, sports and leisure activities and volunteer support.

### When and where we work

We work across Cambridge, South Cambs, East Cambs and Fenland.

### Type of sessions offered

One to one and group sessions.

### How to get to us

#### Cam Sight Chesterton:

167 Green End Road, Cambridge CB4 1RW

**Bus:** Citi 2 stops directly outside Cam Sight on Ashfield Road.

**Cycle:** Bike racks behind the building

**Parking:** Parking is available behind the building, accessible via a narrow driveway.

Visitors can also park in front of the building. Parking is available in nearby residential roads.

The building is clearly visible from the road and has Cam Sight logos across the frontage.

## How to get to us

### Cam Sight Wisbech:

14 Chapel Road, Wisbech PE13 1RF

**Bus:** The 46 bus stops nearby at Wisbech North Street (westbound)

**Parking:** Free parking is available at the Chapel Road car park, which is a two-minute walk away.

## Facilities & Accessibility

### Cam Sight Chesterton

The building is wheelchair accessible, with a ramp leading up to the front door from the pavement. There is an accessible toilet available. Guide dogs are welcome. We have dog bowls available, and a dog spend pen at the back for the car park. Tea, coffee, and water is offered to all visitors.

### Cam Sight Wisbech

There is step-free access to the building from the road. Guide dogs are welcome, and we have dog bowls available. Tea, coffee, and water is offered to all visitors.

## Specialist support

All staff and volunteers are trained in guiding and supporting people with low vision and blindness.

## Volunteers and help needed

We are looking for general volunteers and those with specialist skills, and for financial or equipment donations.

If you are interested, please contact us.

# Care Network Cambridgeshire

**Care Network works with statutory and voluntary partners to help local people stay healthy, independent and in touch with their community. We work with adults and community groups to help them access the support they need, taking a holistic, person-centred approach**

## What we do

Our Help at Home staff and trained volunteers can provide short-term support to people on hospital discharge, or in the community, to stay safe and well at home.

Our expert Community Navigators can help people access available support services and activities to meet their individual needs.

Our wellbeing staff and trained volunteers provide a range of one-to-one support that enhances wellbeing and boosts confidence and independence.

Our Project Catalyst and Health Fenland teams work with new and existing community groups from initial set-up to practical support to remain sustainable. This includes help to apply for grants.

## Volunteering

We rely on our wonderful volunteers to help provide services and offer varied and flexible volunteering opportunities.

If you are interested, please contact us.

## Contact details

Care Network Cambridgeshire,  
18 Broadway House,  
149-151 St Neots Road,  
Hardwick CB23 7XR

Tel: 01954 211919

Web: [www.care-network.org.uk](http://www.care-network.org.uk)

Email: [admin@care-network.org.uk](mailto:admin@care-network.org.uk)

Twitter: [www.twitter.com/CareNetworkCamb](https://www.twitter.com/CareNetworkCamb)

Facebook: [www.facebook.com/CareNetworkCambridgeshire](https://www.facebook.com/CareNetworkCambridgeshire)

# The Clay Farm Centre

Community centre with computers available for public access

## What we do

We offer a library and access to public network computers for anyone to use and help with printing documents. The library also has a digital access offer including 'Learn My Way' free online courses to help develop digital skills. Central Library have a more extensive offer if you would benefit from one to one or group support.

We offer bus pass/blue badge support where possible on Tues 10am-12pm and Thurs 10am-12pm. Please bring all the ID, documentation, and personal information you may need. Where we cannot assist you with these, we can make appointments for people to return for assistance at a later date/time or can signpost you to support elsewhere.

## Contact details

The Clay Farm Centre,  
Hobson Square,  
Trumpington,  
Cambridge  
CB2 9FN

Tel: 01223 457232

Web: [www.cambridge.gov.uk/clay-farm-centre](http://www.cambridge.gov.uk/clay-farm-centre)

Email: [clayfarmcentre@cambridge.gov.uk](mailto:clayfarmcentre@cambridge.gov.uk)

Facebook: [www.facebook.com/clayfarmcentre](http://www.facebook.com/clayfarmcentre)

Twitter: [www.twitter.com/clayfarmcentre](http://www.twitter.com/clayfarmcentre)

## When and where we work

The centre is open to users from across Cambridge and South Cambs.

### Opening times:

- Mon to Weds 9am - 5pm
- Thursday 9am - 7pm
- Friday 9am - 5pm
- Saturday 9:30am - 1pm

## How to get to us

The Clay Farm Centre is on Hobson Square, at the end of Lime Avenue in Trumpington.

The centre is a short walk from the Trumpington park and ride, along the guided busway.

Alternatively, you can take the guided bus routes A or D from the park and ride.

Foster Road is the closest stop to the centre.

## Facilities & Accessibility

There are toilets on site. A café and semi-quiet space are also available. Accessibility dogs only.

## Type of sessions

The library also has a digital access offer including 'Learn My Way' free online courses to help develop digital skills. Central Library have a more extensive offer if you would benefit from one to one or group support.

## Technology

8 public network computers are free to use. People can bring their own devices and use the public Wi-Fi.

## What to bring with you

A library card to use the public network PCs. Any ID, documentation, or personal information you may need to fulfil any specific tasks you hope to accomplish.

# Disability Cambridgeshire

Information, support, and advice for disabled people

## What we do

We give free, confidential, and impartial advice on most issues relating to disability via our five day a week advice line and offer appointments at our offices in Orwell House and in the community. We can help by providing information and support about disability related problems including direct payments or funding for your care. This includes advice and help with benefit entitlements, (including what you can and cannot claim). Attendance Allowance issues. Challenging decisions and appeals to DLA and/or PIP. Our website is fully accessible can be used by people with physical and sensory disabilities. We can also help people who have additional needs.

## Contact details

Disability Cambridgeshire,  
Orwell House,  
Cowley Road,  
Cambridge CB4 0PP

Web: [www.disability-cambridgeshire.org.uk/](http://www.disability-cambridgeshire.org.uk/)

Email: [admin@disability-cambridgeshire.org.uk](mailto:admin@disability-cambridgeshire.org.uk)

Tel: 01223 755610

Twitter: [www.twitter.com/disabilitycamps](https://www.twitter.com/disabilitycamps)

Facebook: [www.facebook.com/disabilitycambridgeshire](https://www.facebook.com/disabilitycambridgeshire)

## Services offered

- Applying for benefits
- Challenging benefit decisions
- Bus pass help
- Financial and money advice
- Accessing local services and events
- Transport
- Independent Living
- Social Care

## When and where we work

- Cambridge
- South Cambs
- East Cambs
- Hunts
- Fenland
- Cambridgeshire

## Type of sessions offered

One to one.

## How to get to us

**Rail:** Cambridge North station is in the suburb of Chesterton, close to Cambridge Science Park. The station is on the Fen Line.

**Bus:** Take Stagecoach for Milton Road park and ride and get off near Science Park (on Milton Road). Busway A also stops near the Science Park (on Milton Road).



## Facilities & Accessibility

We welcome people with physical, sensory, and neurological impairments, their families, and carers. Guide dogs are welcome. There are accessible toilets and plenty of blue badge parking.

## Technology

We have a new, inclusive IT system offering support to people with physical and sensory impairments. We work with the latest versions of Windows and Office. Attendees are welcome to bring their own devices. Our website also has factsheets related to disability issues.

## What to bring with you

Bring all your relevant paperwork and if applying for benefits, information about your income and outgoings.

## Volunteering

We are looking for general volunteers and those with specialist skills. We are also looking for partners to support our work and financial contributions. If you are interested, please contact us.

# The EDGE Café (Recovery Hub)

A community Café, with a focus on recovery from addiction and mental ill health. We offer many groups and workshops which are available to all, free of charge.

## What we do

We offer many groups and workshops which are available to all, free of charge.

Our Digital Inclusion group runs Thursdays, 1pm till 2:45pm. This group is aimed at individuals with no access or connectivity, who can drop in and use one of our 3 available laptops.

There is some guidance/support available, although it is not a structured class, more of an ad-hoc drop in

## Contact details

351 Mill Road,  
Cambridge  
CB1 3DF

Tel: 01223 212478

Web:

[www.theedgecafecambridge.com](http://www.theedgecafecambridge.com)

Email:

[gail@theedgecafecambridge.com](mailto:gail@theedgecafecambridge.com)

Instagram:

[www.instagram.com/theedgerecoverycafe](https://www.instagram.com/theedgerecoverycafe)

Twitter:

[www.twitter.com/theEDGEcafe](https://www.twitter.com/theEDGEcafe)

Facebook:

[www.facebook.com/theedgecafecambridge](https://www.facebook.com/theedgecafecambridge)

## Topics Covered

- Internet access
- Basic technical support
- Applying for housing/home swap
- Signposting
- Assisted Digital (support with applying for or booking services, completing other online forms)

## When and where we work

Located within Cambridge,  
The EDGE is open  
Monday to Friday, 9am – 4pm  
& Saturday, 10am – 4pm

The Digital Inclusion Group  
is on Thursdays, 1pm – 2.45pm

## How to get to us

351 Mill Road, Cambridge, CB1 3DF.  
Near the Central Mosque

**Bus:** Citi 2 stops outside the mosque; we are about 100 yards further on - just in Brookfields Hospital Site.

## Technology

We have 3 laptops available

## Type of sessions offered

Our Digital Inclusion group runs Thursdays, 1pm till 2:45pm. This group is aimed at individuals with no access or connectivity, who can drop in and use one of our 3 available laptops.

Ad-hoc, non-structured Digital Inclusion sessions.

Floating one to one support and guidance is available.

## Facilities & Accessibility

The group is in a corner of a café, there is an accessible toilet on site, dogs are welcome

## Communication

We don't offer specific support; we are a kind place

# Make Do and Mend

Digital support for people with mental health needs or at risk of social isolation

## What we do

We specifically cater for anyone with mental health needs. We offer a friendly and calm environment where people can come and receive digital support. Our volunteers have good computer skills.

## Contact details

70 Bishops Road,  
Trumpington,  
Cambridge,  
CB2 9NH

Tel: 07736 916431

Web: [www.makedoandmendinfo.co.uk](http://www.makedoandmendinfo.co.uk)

Email: [makedoandmendmail@gmail.com](mailto:makedoandmendmail@gmail.com)

Facebook: [www.facebook.com/makedoandmendcambridge](http://www.facebook.com/makedoandmendcambridge)

Twitter: [www.twitter.com/MakeDoAndMendEU](http://www.twitter.com/MakeDoAndMendEU)

Instagram: [www.instagram.com/makedoandmendcams](http://www.instagram.com/makedoandmendcams)

## Topics covered

- Technical troubleshooting
- General advice about digital issues
- Microsoft Office
- Emailing
- Social Media
- Searching the internet
- Job searching
- Health support

- Online safety
- Managing social networks
- Projects (ancestry, cooking, etc.)
- Self-management
- Saving money; comparison sites & deals
- Accessing local services

## When and where we work

We work across Cambridge. We are open Friday from 2 to 4pm at Castle Methodist Church, Castle Hill, Cambridge CB3 0AH. Please use the back entrance on St Peters Road & ring the bell for someone to let you in.

## Type of sessions offered

Group sessions.

## How to get to us

**Bus:** Citi 4 stops on Northampton Street & is a 2-minute walk up the hill to the church. Citi 5 and 6 stop on Castle Hill.

**Walk:** 20-minute walk North from city centre.

**Cycle:** Cycle racks available on site.

**Parking:** Pay and display at Pound Hill and in surrounding areas.

## Facilities & Accessibility

We have toilets on site. Refreshments are available from the kitchen. Guide dogs are welcome. There are plenty of rooms, but the venue is generally a quiet atmosphere.

## Technology Services

People may bring their own devices. We provide laptops for people to use.

## What to bring with you

New members are welcome to come along and try out workshops. Membership information will be provided when you come.

## Volunteering

General volunteers and those with specialist skills, (IT, French, admin, fundraising). If you would like to share your skills with people in the mental health community, please get in touch. We also need more people to use our services, and financial donations to support our work are always welcome.

# New Horizons (CHS Group)

Helping people move closer to the job market.

## What we do

We help people move closer to the job market by helping them feel more confident and in control of their money, helping them get online and by giving them the tools to be able to look for work. We offer up to 20 hours of one-to-one coaching for anyone not currently in work. New Horizons is funded by the National Lottery Community Fund and European Social Fund.

## Contact details

CHS Group,  
Endurance House,  
Chivers Way,  
Histon  
CB24 9ZR

Tel: 0300 1113555 / 07590 861968

Web: <http://makingmoneycount.org.uk>

Email: [new.horizons@chsgroup.org.uk](mailto:new.horizons@chsgroup.org.uk)

Twitter: [www.twitter.com/NewHorizonsBBO](http://www.twitter.com/NewHorizonsBBO)

## When and where we work

Between 9am to 5pm – Mon to Fri

- Cambridge City
- South Cambridgeshire
- East Cambridgeshire
- Huntingdonshire
- Fenland
- Peterborough
- Home visits or local venue

## Services offered

- How to stay safe online
- Digital skills for parents
- Learning online
- Study skills

- Self-employment skills
- Digital skills support
- Microsoft Office
- Emailing
- Social media for personal use, volunteering, or work
- Using the web for searches
- Photography and video
- Universal Credit
- Job skills and CVs
- Applying for benefits

## Type of sessions offered

One to one.

## Communication

We do use interpreter services where needed. We have found that the flexibility in the support we provide has worked well when supporting participants with disabilities and mental health needs.

## Technology

We can loan you a Chromebook to use during your time on the project and try and support you in finding affordable equipment / gifted equipment to keep. We also advise on affordable broadband offers and stay up to date on any available grants or other free data or equipment offers in your area.

## Other information

Digital Inclusion support is provided as part of a wider aim of moving people closer to employment & improved financial wellbeing. Our coaches will provide a bespoke support plan of up to 20 hours of on-to-one.

We accept referrals and self-referrals. Your local New Horizons Coach will then get in touch to discuss exactly how they can help you. To be enrolled on this project you must have the right to live and work in the UK.

# Safe Soulmates

**Our purpose is to end loneliness for adults with additional needs by facilitating a fun social life where friendships and relationships can develop in a safe way.**

## What we do

We are a friendship and dating organisation for adults with additional needs. We host social events online and in person.

## Contact details

Orwell House,  
Cowley Rd,  
Cambridge  
CB4 0PP

Tel: 07935 866219 / 07493 542963

Web: [www.safesoulmates.org](http://www.safesoulmates.org)

Email: [info@safesoulmate.org.uk](mailto:info@safesoulmate.org.uk)

Facebook: <https://www.facebook.com/safesoulmates.page/>

Twitter: [@safesoulmates](https://twitter.com/safesoulmates)

LinkedIn: [@safesoulmates](https://www.linkedin.com/company/safesoulmates)

## When and where we work

Our times vary between daytime, some evenings, and weekends

- Cambridge City
- South Cambridgeshire
- East Cambridgeshire
- Huntingdonshire
- Fenland
- Peterborough

Our social events are on zoom so; people can be at home.

## Services offered

- Signposting (we are a friendship and dating organisation for adults with additional needs.)
- We host social events online & in person

## Type of sessions offered

Mainly group sessions as well as one-to-one friendship and date matches (where there is a romantic connection)

## Communication

We support adults with disabilities. We have some knowledge of Makaton, but should someone need support, we will soon be recruiting more volunteers, so we will ask for this knowledge.

## Other information

We are a safe social life online and in person for adults with additional needs.

The overarching purpose of Safe Soulmates is to end loneliness for adults with additional needs (most Soulmates are autistic and/or are adults with learning disabilities).

We have been doing this by hosting small and large events (in person and on zoom); by connecting people in WhatsApp groups; by encouraging Soulmates to check in with each other and by checking in ourselves with those soulmates and parents who are really struggling; we also chaperone friendship and date matches if there is a romantic or friendship connection.

Safe Soulmates is a safe community.

# Wintercomfort

## Digital skills support for people who are homeless or at risk of losing their home

### What we do

We offer a range of services for homeless people in a friendly, relaxed environment. Help and support will be tailored to the needs of the individual, by offering them vital welfare services and opportunities for learning and training.

### Contact details

Wintercomfort for the homeless,  
Overstream House,  
Victoria Avenue,  
Cambridge  
CB4 1EG

Tel: 01223 518140

Web: [www.wintercomfort.org.uk](http://www.wintercomfort.org.uk)

Email: [info@wintercomfort.org.uk](mailto:info@wintercomfort.org.uk)

Twitter: [www.twitter.com/wintercomfort20](https://www.twitter.com/wintercomfort20)

### Topics covered

- Technical troubleshooting
- General advice about digital issues
- Microsoft Office
- Emailing
- Social Media
- Searching the internet
- Job searching
- Health support
- Job searching
- Health support

### When and where we work

Our advice and support hub is on Victoria Avenue in central Cambridge. Drop-in support for rough sleepers is from 9.00 – 13.00, seven days a week.

Training, counselling, and advice services take place Monday – Friday. Appointments are necessary for those in accommodation. Please call 01223 518140 to book.

Digital lessons regarding digital job skills and help with all aspects of looking for work are available on the following days:

Monday, Wednesday & Friday 10am - 12pm

### Type of sessions offered

One-to-One and small group sessions.

### How to get to us

We are right next to Victoria Avenue Bridge on the opposite side of the river to Midsummer Common and Jesus Green.

**Bus:** Citi 8, 4, 1, and 2 buses stop at a bus stop that is very close to the centre.

**Parking:** There is no parking available on site

### Facilities & Accessibility

The centre can be accessed via steps at the front, or by disabled access at the rear with prior arrangement. There are toilets, one of which has easy access. There is free tea and coffee available. Dogs are welcome.

Access is only available for those who meet our general criteria for use of the service. All users must be homeless, have a history of homelessness or be vulnerably housed.

### Specialist support

Lead staff have training and experience in supporting people with learning difficulties or mental health needs.



# WEA (Workers Educational Association)

Providing taught lessons for adults to increase digital participation

## What we do

We are government funded and run courses for adults which support our special mission to provide educational opportunities to those facing social and economic disadvantage. Digital participation includes absolute beginners IT, introduction to social media, staying safe online, next steps in IT, digital photography and film making.

Our approach to teaching is learner led and flexible. We work with all concerned to ensure the learning needs of our students are met, and in a location where they feel confident and comfortable.

We work with partners to meet the needs of particular groups. Please get in touch with us if you would like to know more about setting up a course for a group that you work with.

## Contact details

Tel: 01223 417320 or 0300 303 3464 for support in enrolling on a course

Web: [www.wea.org.uk](http://www.wea.org.uk) & [www.wea.org.uk/cambridgeshire](http://www.wea.org.uk/cambridgeshire)

Email: [eastern@wea.org.uk](mailto:eastern@wea.org.uk)

## Topics covered

- Cambridge
- South Cambs
- East Cambs
- Hunts
- Fenland
- Peterborough

Either online or in local venues.

## Topics covered

- How to stay safe online
- Digital skills for parents
- Learning online
- Study skills
- Self-employment skills
- Digital skills and support
- Microsoft Office
- Emailing
- Social media for personal use, volunteering, or work
- Using the web for searches
- Photography and video
- Universal Credit
- Job skills and CVs
- Applying for benefits

## Technology services

We have several Windows laptops available. We encourage a 'bring your own device' approach, as we believe this is how you learn and develop your skills.

## Type of sessions offered

Group sessions, either face-to-face in a local venue or online.

# For your notes

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A series of 20 horizontal dotted lines spanning the width of the page, intended for handwritten notes or a list.

